

# Yinghua News & Announcements January 5, 2024



### Message from the Student Behavior & Family Liaison

Dear Yinghua Families,

Happy New Year!

As the school year progresses, we continue to reinforce kindness, empathy and respect with all of our students.

**Conflict Resolution** is a lifelong skill that children will need to learn in order to resolve issues they may encounter in their relationships.

We know when conflicts arise and aren't addressed early then tensions can build and the situation becomes much more difficult. Help children gain some perspective by having them think beyond the one incident. Does the one issue they're having with a friend define the entire relationship? Probably not, thus thinking about it in a broader sense may help them realize the situation may not be as dire as once thought.

Helping children put themselves in the other person's shoes is a great way to help them develop empathy. Taking turns acknowledging what the other person is saying and how they are feeling is the first step to understanding empathy. Encouraging students to use "I" statements to identify feelings is a strategy that often deescalates the

#### situation.

Often it may be easier for children to write down their talking points which will help relieve some of the anxiety they may be experiencing as they plan their discussion with the other person. It will also afford them the time to practice.

#### Quick Conflict Resolution Guide:

- Take a step back and breathe. Don't let your emotions get the best of you.
- Define what the problem is about and decide what each other wants/needs from the conversation.
- Can a fair resolution be developed between all parties involved?
- Stay positive and choose an option that meets everyone's needs.
- Always show respect to everyone involved, even if you don't agree.

Another important strategy to help your child learn conflict resolution is to model it for them. This can be especially effective if the conflict is between you and your child. If you can talk them through the process they will develop a better understanding of how to resolve a conflict. Giving your child the opportunity to witness your triumphs and mistakes will give them a better understanding of the process.

All the best, Ms. E Student Behavior and Family Liaison

## 2024-2025 Open Enrollment and Sample Immersion Class

Open Enrollment for Yinghua Academy's 2024-2025 school year has begun! To apply, submit a <u>paper</u> or <u>online</u> application by 5 p.m. on Thursday, February 15, 2024, to be included in the lottery. Children who will be five years old on or before September 1, 2024, are eligible for kindergarten at Yinghua. If you have a younger child that you would like to enroll with sibling preference at Yinghua, please be sure to complete the application and indicate that you have a student already enrolled. Please contact Yinghua's Registrar, Renee Cosgrove, at <u>renee.cosgrove@yinghuaacademy.org</u>, with any questions about enrollment.

We will also be hosting our annual Sample Immersion Class for Prospective Kindergartners and their parents on Saturday, January 27, from 10-11:30 a.m. The event will provide the opportunity for prospective kindergartners to experience learning from Yinghua's kindergarten teachers while parents observe and time for prospective parents to ask questions to current parents or administrators. If you or anyone you know are interested in attending this event, <u>please register using this Google Form</u>.

## **Taiwan Trip Informational Session in January**

We are excited to share that we will once again be leading a group of current 7th and 8th grade students abroad to Taiwan in the summer of 2024. We are planning to have the trip be two weeks in length from June 17 to June 28, plus or minus two days on either end of the trip depending on airfare. The current estimated cost is \$5,000, which includes airfare and transportation fees, lodging, food, and more. We will be returning to Taiwan again this year due to travel recommendations made by the U.S. Department of State. Hopefully, we can resume traveling to China for future trips.

An in-person informational session will be held on Tuesday, January 9, from 6 to 7 p.m. in the Yinghua cafeteria. If you have any questions before the informational session, please email Dr. Lien at <u>luyi.lien@yinghuaacademy.org</u>.

### Learn Chinese!

This week MS Math and 8B Homeroom Teacher Tu Laoshi and Student Activities Lead Mr. Pobloske teach "let's go ice skating" in Chinese. These videos will be compiled in this <u>Google Drive</u> <u>folder</u> throughout the year.



Tu Laoshi and Mr. P teach the Chinese phrase " let's go ice skating"



### **Upcoming Dates**

Please note that due to the lack of snow, the January 6 Family Ski Day has been canceled.

- January 2-February 15 Open Enrollment Period
- January 9 -
  - 8:30 a.m. Grades 3&4 Tea and Talk Session
  - 6 p.m. Taiwan Trip Meeting
- January 10-24 CNY Spiritwear
   Pre-Sale
- January 11-12 8th Grade Retreat
- January 14 8 p.m. CNY CC Training
- January 15 Martin Luther King Jr.
   Day: No School, Office Closed
- January 16 -
  - <u>2:30 p.m. General Tea and</u> <u>Talk Session</u>
  - 6 p.m. YACA Meeting online
- January 18 -
  - 1-2:30 p.m. CKC Visit Event
  - <u>4-5:30 p.m. Science and</u> <u>Technology EXPO</u>
- January 22 6 p.m. School Board



Rocky the bearded dragon returned to Yinghua's Science Lab this week!

#### Meeting

- January 27 <u>10-11:30 a.m. Sample</u> <u>Immersion Class for Prospective</u> <u>Kindergartners and their Parents</u>
- February 1 Parent University
   Session featuring CKC Good Food about nutrition

## Visit to CKC Good Food in January

If you are interested in learning more about Yinghua's caterer CKC Good Food, CKC will host a kitchen visit at their location for 20 Yinghua parents from 1-2:30 p.m. on Thursday, January 18. The visit will include information about their facility and process, a taste test, and time for parents to ask questions. This session has a max capacity of 20 due to space limitations. Please register online using this Google Form link: <u>https://forms.gle/sKjPqNCN7Nj5k3zR9</u>.



## **Upcoming Tea & Talk Sessions**

Tea & Talk sessions with Dr. Lien are offered as an opportunity for current parents to speak with Dr. Lien about topics that are important to you, our students, and our community. This is a one hour informal talk, which will each focus on grade specific topics though each session is open to parents/guardians of all grades. The registration forms are available below. Please note that each session is limited to 20 people due to spacing limitations.

- <u>3rd and 4th 8:30 a.m. on January 9</u>
- General session 2:30 p.m. on January 16

- General session 8:30 a.m. on March 19
- General session 2:30 p.m. on April 16

### **Laptops For Sale**

Yinghua's IT team is in the process of retiring our old Windows 10 laptops and are selling them for \$60 each. Each purchase will include a charger and USB mouse. Microsoft will continue to support this edition of Windows 10 until January 12, 2027. While the batteries are currently holding a charge, their lifespan may vary. If you are interested in purchasing a laptop, <u>please complete this Google form</u> (link opens in a new tab) and you will be notified by email when the laptop is ready for pick up.

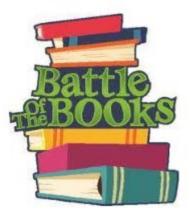
Please email Yinghua's IT Manager Dr. Chu, <u>chemin.chu@yinghuaacademy.org</u> if you have any questions.



## Science and Technology Expo Morning Help Sessions

The Science Expo is just around the corner! On Thursday, January 18, from 4 to 5:30 p.m. in the YA gym, middle school students will gather to showcase their Science talent. To help students prepare, the Science lab will be open every day from 8-8:30 a.m. starting on Monday, January 8. Students and their groups are invited to come work on their projects together and/or receive help from a Science teacher. (Note, students will need to eat school breakfast in the cafeteria before going to the Science lab).

A reminder that your middle school student(s) need a <u>permission form</u> to attend the Expo, please fill it out by Monday, January 15.



## **Battle of the Books Update**

#### Battle of the Books Round 1

The Round 1 Battle will take place during the week of January 15 during school hours. We will hold practice battles during the first two weeks of January to prepare for the Round 1 Battle.

#### Battle of the Books Round 2

<u>The Round 2 book list is now available!</u> Round 2 officially begins during the week of February 5. Weekly practice sessions will run from February 5 to April 5. The Round 2 Battle is scheduled to take place during the week of April 15. The winner of this battle will represent Yinghua Academy at the Friends of Education Battle on May 7.

Please contact Mr. Morris if you have any questions.

## **Mental Health Hotline**

January is often a difficult month for mental health. Lack of sunlight, post-holiday financial stress, and post-holiday letdown can all contribute to feeling down.

Did you know 988 is a great resource for those experiencing emotional distress? A call, text, or chat with 988 will connect you with a crisis counselor who will listen until you decide you're ready to stop chatting. The crisis counselor will also work with you to identify supports and create a safety plan moving forward.

988 is available 24/7, 365 days a year by calling or texting 988 or chatting at <u>988lifeline.org</u>.



## Yinghua CNY Spiritwear Pre-Sale Will Open Jan. 10

YACA is happy to announce the online 2024 Chinese New Year Spiritwear Pre-Sale will start on <u>Wednesday</u>, <u>January 10</u>, and will go through <u>Wednesday</u>, <u>January 24</u>.

- · Online pre-ordering is strongly encouraged this year
- There will be <u>VERY limited</u> selection of styles and sizes at the in-person Chinese New Year performance at Bethel on February 24 and we cannot guarantee your favorite designs will be available. We don't want anyone to be disappointed, so pre-order!
- The link to the online store will be shared on Wednesday, January 10

All spiritwear has been approved to be worn on Spiritwear Fridays and funds from sales go toward:

- staff appreciation gifts
- roller skating
- field trip transportation.

### **Lunch Notes**

#### Happy New Year!

The February 2024 online lunch menu is open now and will close on Saturday, January 20. Please get your orders in promptly. We cannot guarantee that we will have enough meals to serve to your students unless you submit and make your orders correctly.

Milk is included in your school lunch order. Do not click on the milk section of the order form unless you wish to order milk a la carte (milk without a meal). Lactose-free milk is given only if we have received a milk substitution form for the student. Find the form on Yinghua website under Current Families > Lunch.

Important notes when placing online lunch orders:

- Pay EXTRA attention on the first day of the month or the last few days of the month when you place your monthly lunch order. Many families did not realize if they missed days before or after when signing up using calendar view.
- In addition, when ordering, if you see an exclamation point (!) on a day, please hover over it, as it will explain the reason you cannot place an order for that day. If your student has a field trip and you want them to have a Boxed Lunch, you must order using the field trip menu on Boonli. With a few field trips happening in the month of November, please make sure to pay extra attention to the notes.
- Here are the following grades that will go to the field trip and will eat their lunch at the venue or in the classroom (missed their regular lunch period):
  - 2/28 8th Grade Field Trip to Asia Mall (No pre-ordered brown bag lunch needed)
  - 2/28 Kindergarten's Field Trip to MN History Center
- You may make changes to your order after you submit the orders, as long as it is before the period ends on the 20th.
- Remember, we won't be able to take any late orders. Sign in at <a href="https://yinghua.boonli.com/login">https://yinghua.boonli.com/login</a> and place your order now.
- After you submit your orders, remember to review/view/print your orders in the calendar view to see if you missed any days on your orders for the month to avoid needing an emergency school lunch.
- If you select your orders too fast, the system sometimes may not take them, and you may end up missing the
  order for a day or two. The recommendation is to do it slowly and double-check your order submission.
  Remember, your order is not officially submitted until you receive a confirmation email.

Please email me at <u>helen.hindrawati@yinghuaacademy.org</u> for any questions or concerns.



## **PE Updates**

#### **Cross Country Skiing Update:**

Family Ski and Open Gym scheduled for Saturday, January 6, has been canceled due to lack of snow.

We are still holding out hope for some good snow for the PE unit. As of right now, there will be no skiing next week

in PE unless we get snow later in the week. If we do get good snow, we will have the trailer until January 19. We will send an email out to all families with students in grades 2-6 if we decide to go on with the cross country ski unit.



#### Don't forget to bring athletic shoes!

We have noticed an increase of students not wearing athletic shoes to PE class. Lower school dress code requires all students to wear athletic shoes during the day so they must change out of their snow boots when they get to school. Middle school students should remember to pack a pair of athletic shoes on the days that they have PE class. Fashion boots with thicker soles are also not allowed in PE.

#### Volunteers needed for PE stations!

Stations are back in PE class! We could use some volunteers for grades K-2. Click the link below to sign up! <u>Stations Volunteer Sign Up</u> (link opens in a new tab)

## **Athletics Update**

Winter Sports openings in Floor Hockey

- Floor Hockey Grades 3-6. Register here
- Thursdays 3:30-5 p.m. Feb. 8-March 21

Spring Sports: check out the details and access the registration forms on the athletic webpage.

January 8 at 7:30 p.m. registration opens for:

- Grades 5-8 Volleyball
- Grades 5-8 Track and Field

January 22 at 7:30 p.m. registration opens for:

- Badminton (Grades 5-8)
- Ultimate (Grades 4-8)
- Spring Adventures (Grades 2-4)

- Sports Sampler (Grades 1-3)
- Inhouse Team Sports (Grades 3-4)

Head/assistant coaches are needed for the following sports:

- Grades 5-6 Volleyball: head and assistant
- Grades 7-8 Volleyball: assistant
- Ultimate: head and assistant
- Pickleball: head and assistant
- Badminton: assistant
- Contact Sarah Totall (<u>sarah.totall@yinghuaacademy.org</u>) if you are interested in coaching.



## Highland Park Senior High School Showcase and Application

Highland Park Senior High School will be hosting a showcase for prospective students and their families on Thursday, January 18, from 6-8:30 p.m. From 6-6:25 p.m., there will be a pre-meeting for Mandarin Chinese

immersion students only, followed by the open house for all incoming ninth grade students from 6:30-8:30 p.m.

Highland Park Senior High School also offers priority registration to all Yinghua Academy students. The registration deadline is February 9 for Yinghua students to secure their priority spots. For more information about applying, please visit <u>apply.spps.org</u>.

### **Archived Yearbooks Available**

Yinghua has extra copies of old yearbooks from the following school years: 2009-10, 2015-16, 2016-17, 2017-18, 2018-19, 2019-20, 2020-21, and 2021-22. If you are interested in having one of these surplus yearbooks, you may pick one up from school for \$5 each. These yearbooks are first come, first served. <u>After January 15, these archived yearbooks will no longer be available</u>. Please email <u>claire.little@yinghuaacademy.org</u> with any questions.



Thank you for your ongoing contributions to volunteering at school! See below for volunteer opportunities coming up Before volunteering, please complete your <u>background check</u> and turn it in to the office. If you would like emails sent to you about volunteering, please fill out the <u>Yinghua Volunteer Form - Google Forms</u>

- Help with Chinese New Year! A few options are listed below. Email <u>yaca-cny@yinghuaacademy.org</u> if interested.
- 2. Lunchroom volunteers are needed between 11 a.m. and 1 p.m. daily. Lunchroom Volunteers
- Office volunteers are needed on Monday through Friday anytime between 8:30 a.m.-2:30 p.m. for 1 to 2 hours. Mornings work the best for the office. Example tasks are making copies, putting together packets, or distributing supplies. <u>Office Volunteers</u>
- 4. Sort & Store Used Uniform Donations anytime, according to your availability Used Uniform Volunteers
- 5. Coordinate the Box Tops for Education program. The school earns checks twice a year from submitted purchases. Please email <u>vaca-volunteer@yinghuaacademy.org</u>, if you are interested in coordinating.
- 6. The **Nourishment Committee** is looking for additional volunteers to help support our teachers with meals during conferences, holidays, and other special days. The **Hospitality Team** is also looking for additional

volunteers. New international teachers are now coming on board throughout the year and additional help is needed with the increased responsibility. Please email <u>yaca-hospitality@yinghuaacademy.org</u> if you can help with either of these teams!

7. The **Spiritwear Team** is looking for volunteers to join the committee to help with planning our Chinese New Year sale! Interested? Email: <u>vaca-chair@yinghuaacademy.org</u>.

### **Chinese New Year Volunteer Opportunities**

We're recruiting for people to help with Chinese New Year. We are preparing the signup for individual class needs, but need to replenish the ranks of parents whose students graduated from the school for general activities.

Yinghua is currently seeking a part-time CNY project manager for future years to support our CNY activities. If you are interested in contributing to our CNY initiatives, please reach out to Dr. Lien(<u>luyi.lien@yinghuaacademy.org</u>) for more details.

We need 1 more person to pick up apples and oranges from the warehouse and bring to the school, 1 more person to make and put up the signs at Bethel that we all use to find our classrooms, staff appreciation gift wrapping lead, two more people to help organize costumes when we put them away, a few people to help with dumplings (1 to transport to school, 3 to prepare servings). Contact Wynee Igel at <u>vaca-cny@yinghuaacademy.org</u>



## **Bethel University Summer Piano Camp**

A new summer piano camp is coming at Bethel University for 4-12th graders July 6-12. The week-long camp is designed for piano students to foster their musical talents, hone their performance skills, and nurture their love for the arts. It includes lodging, meals, and many fun activities for the students. Registration starts in January 2024. You can view an <u>informational camp video online</u> (link opens in a new tab). For all of your questions, please contact Dr. Tina Park at juanli8@yahoo.com

## Asian Youth with Stethoscopes Event on Feb. 10

Hennepin Healthcare will be holding its first-ever Asian Youth with Stethoscopes event on February 10 to inspire young Asian students ages 12-18 into careers in medicine. This is a full-day event featuring many hands-on activities with real medical equipment and opportunities to connect with Asian healthcare professionals, amidst other

experiences. Registration and more information on this event can be found on the <u>Asian Youth with Stethoscopes</u> <u>website</u> (link opens in a new tab).

## Home Building & Remodeling Expo

Yinghua received some complimentary tickets to the 2024 Minneapolis Home Building & Remodeling Expo on January 19-21 at the Hyatt Regency Minneapolis. The event will include building and remodeling experts, home interior craft experts, and more. If you would like any free tickets, please stop by the main office after winter break, children under 17 do not need a ticket to attend. More information can be <u>found online</u> (link opens in a new tab).



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