# WHAT'S IN YOUR EVERYDAY PRODUCTS?

## A University of Minnesota Research Study Needs Your Help!

- Phthalates (thaa-lates) are chemicals found in many different everyday items such as plastics and personal care products.
- The Infant Development and Environment Study (TIDES) is a study looking at how high
  exposures to phthalates can cause a hormone imbalance affecting the development of
  children.

#### WHO CAN PARTICIPATE?

### Mother and Biological Child:

- · You and your child identify as Asian.
- Your child is 6 years old or almost 6 years old.
- You can read, understand, and speak English.
- Your child can understand and speak English.

#### WHY ASIAN AMERICANS?

- Little is known about the health of Asian children in the U.S.
- Possible higher exposure in Asian Americans, especially those who are highly exposed to plastics (i.e. new immigrants)
- More research would help reduce the burden of chemical exposures in the Asian American population.

# One time 2-hour non-invasive clinic visit!

<ul> <li>Height</li> <li>Weight</li> <li>Muscle Size</li> <li>Collect urine sample</li> </ul>	<ul><li>Surveys</li><li>Brain Games</li><li>Option to send in 1-2 baby</li></ul>
<ul><li>Brain Games</li><li>Blood Pressure</li><li>Heart Beat measurement</li></ul>	teeth once they have fallen out

Will compensate participating families \$125 in Target Gift Cards

For more information or to participate, contact:

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