



Bring AT LEAST 2 family gifts for each host family. Many students will have more than one host family. (Female Adult, Male Adult and Unisex Child gifts or one gift for parents, one for child)

Ideas for All Adults:

- Coffee Set from Caribou/Dogwood example: French press/Pour over equipment/Aero press + Ground Coffee
- Minnesota State Theme Cutting/Serving Board (Amazon)
- Burgin's fruit and nut company : Dried Cherry, Cranberry or Blueberries
- Minnesota Picture Coffee Table Book

Ideas for Female Adult:

- Aveda Lotions/Skin Care/ Chapstick
- Worker B Lotion/Skin Care/Chapstick
- JR Watkins Lotion/Skin Care

Ideas for Male Adults:

- MN sports/university gear... Winter hats, caps (avoid need for sizing)
- Sweet Jules Pub Crawl Caramels

Ideas for Unisex Child:

- Pearson's Candy
- Bare Honey- Honey Sticks
- Knudsen's Caramels
- Yinghua gear- backpack, hats ect
- Games: Twister (invented in MN)

Other Thoughtful Gifts:

- Picture books made by student
- Magnets (Minnesota Themed or Made by students)
- Signed CD by local bands/artists
- Dream Catchers

1. What gifts not to give culturally:

- a. Clocks: parting
- b. Knives: break off relationships
- c. Soap: indicates receiver not clean
- d. Made in China, heavy, Avoid perishable food/liquid.

2. What are good gifts to give?

- Made in America
- Things that are uniquely American (cowboys, sports teams, national parks memorabilia)
- Nice packaging
- light
- USA coin collection is a great option! Light, nice packaging, good to display, very American.

Some Examples:

