

## 2019 Chinese New Year Food Information for Yinghua Families

As part of the Chinese New Year celebration, all students and staff have opportunities to sample traditional Chinese New Year foods. Below is a schedule and food ingredient list. Please discuss with your child whether they are or are not able to eat the various foods. **If your child should not eat any of these foods, please inform your teacher. For those students with documented peanut, nut, or other ingredient allergies, teachers will assume that they will not eat that food unless parents email the homeroom teacher otherwise. Students may opt-out at the time the food is offered as well.** You may send an alternate allergy-safe treat for your student to enjoy during this activity time. The food may be distributed in the classroom or the cafeteria.

Date	Food	Ingredient List
Monday, Jan. 28	Meat Dumplings	Flour, pork, napa cabbage, garlic chives, whole eggs, sesame oil, mushroom, dry shrimps, ginger, garlic.  No peanut oil or peanut involved in the process, but made in a facility that uses these ingredients.
	Vegetarian Dumplings	Green bean thread noodles, garlic chives, ginger, garlic, eggs, soy sauce.  No peanut oil or peanut involved in the process, but made in a facility that uses these ingredients.
Tuesday, Jan. 29	Apples and oranges	Apples and oranges
Wednesday, Jan. 30	Red envelopes with chocolate coins	Milk Chocolate (sugar, cocoa butter, whole milk, chocolate, soy lecithin & PGPR (emulsifier)), vanilla. Does not contain eggs.  Contains dairy and produced in a facility that processes tree nuts, peanuts, wheat. Gluten-free, but manufactured on machinery that also manufactures products WITH gluten.
Thursday, Jan. 31	Lucky candy	Glucose syrup, sugar, milk paste (milk, sugar, coconut oil), vegetable shortening (palm oil), artificial flavoring (contains emulsifier (propylene glycol (E1520))), salt (contains anticaking agent (sodium ferrocyanide (E535))), emulsifier (soy lecithin (E322)), egg white powder (contains acidity regulatory (citric acid (E330))), stabilizer (triethyl citrate (E1505))), colour (carmines (E120)).  Contains egg products, soybean products, milk products, tree nuts and nut products. Produced in a factory where cereals containing gluten are handled.