



2018-19 Physical Education Curriculum Map

The following are general topic areas and intended timelines for instruction. The topics and resources listed are only samples, not a complete listing. Topics are listed in the month they are most likely to be taught, but may occur earlier or later than indicated.

	5 th Grade	6 th Grade	7 th Grade	8 th Grade
August/September Fitness & Goal Setting Orientation & Safety	Goal setting <ul style="list-style-type: none"> • Jump Rope • Running endurance • Lifetime fitness skills Cooperative Field Games & Orienteering	Goal setting <ul style="list-style-type: none"> • Jump Rope • Running endurance • Lifetime fitness skills Cooperative Field Games & Orienteering	Goal setting <ul style="list-style-type: none"> • Jump Rope • Running endurance • Lifetime fitness skills Cooperative Field Games & Orienteering	Goal setting <ul style="list-style-type: none"> • Jump Rope • Running endurance • Lifetime fitness skills Cooperative Field Games & Orienteering
October Autumn Games Small-Sided Games	Small-Sided Games <ul style="list-style-type: none"> • Football • Soccer 	Small-Sided Games <ul style="list-style-type: none"> • Football • Soccer 	Small-Sided Games <ul style="list-style-type: none"> • Football • Soccer 	Small-Sided Games <ul style="list-style-type: none"> • Football • Soccer
November Cooperation & Teamwork	Cooperative Games <ul style="list-style-type: none"> • Team Handball • Basketball 	Cooperative Games <ul style="list-style-type: none"> • Team Handball • Basketball 	Cooperative Games <ul style="list-style-type: none"> • Team Handball • Basketball 	Cooperative Games <ul style="list-style-type: none"> • Team Handball • Basketball
December Roller Skating	Roller Skating Skating skills & rink games	Roller Skating Skating skills & rink games	Roller Skating Skating skills & rink games	Roller Skating Skating skills & rink games





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January Winter Games Cooperation & Teamwork	Cross Country Skiing Floor Hockey Large Group Games	Cross Country Skiing Floor Hockey Large Group Games	Cross Country Skiing Floor Hockey Large Group Games	Cross Country Skiing Floor Hockey Large Group Games
February	Chinese New Year Games	Chinese New Year Games	Chinese New Year Games	Chinese New Year Games
March Net Games	Net Games	Net Games	Net Games	Net Games
April Fitness, Cooperation & Teamwork/Spring Sports	PACER Challenge Tennis Activities Ultimate Frisbee	PACER Challenge Tennis Activities Ultimate Frisbee	PACER Challenge Tennis Activities Ultimate Frisbee	PACER Challenge Tennis Activities Ultimate Frisbee
May Fitness & Recreational Games/Pedestrian & wheel safety	Outdoor Skills Popsicle Run Recreational Games Wheels Week	Outdoor Skills Popsicle Run Recreational Games Wheels Week	Outdoor Skills Popsicle Run Recreational Games Wheels Week	Outdoor Skills Popsicle Run Recreational Games Wheels Week
June	Wiffle Ball	Wiffle Ball	Wiffle Ball	Wiffle Ball

