

# IN-HOUSE SOCCER

**Fee:** \$90 for 8 sessions (Gr. 3 \$80/7 sessions)



## Preparation

- Always dress in layers.
- Bring a water bottle practice.
- Always wear shin guards.
- Soccer ball (if you have one).
- Have a soccer bag that is ready the night before practice. Always put the following extra items in the bag: long sleeve athletic shirt, hat/headband and thin gloves.

## What to do on practice days

- At 3:30 exit classroom and organize locker for the evening
- Go to bathroom and change into soccer gear (fill up water bottle if needed)
- Bring your book bag (or leave in cubby/locker, do not leave in classroom) and soccer bag to practice
- Check in with a soccer helper
- Head out to the field with your things

## Practices

- Grade 3: Thursdays 3:35-5pm (7 sessions)
- Grade 4: Tuesdays 3:35-5pm (8 sessions)

## Silent Dismissal

- An in-house soccer group will be created for you in SD. **YOU** are responsible for putting your child on the list.

## After care

- If you cannot pick up by 5PM your child will be sent to after care at 5:10 and you will be charged \$10.

## Parents

- Please pick up our child from the field at 5:00PM. There will be someone on the field who will check out your child.

## Athlete Behavior Expectations

- Respectful to all (peers, coaches and equipment).
- Manage physical & social behavior: no throwing grass or hanging on nets; no pushing, tripping, hitting or wrestling others; no unkind words.
- Athletes will work hard at practice and help manage equipment (help pick up at end of practice).