

# BADMINTON



Fee: \$90

## Preparation

- Recommended: a pair of shorts and t-shirt to change into
- Recommended but not required: purchase a badminton racket

## Practices

- Tuesdays 3:35-5pm (8 sessions)
- Rackets will be provided for those who do not have a racket
- Each practice consists of skills, drills and scrimmages

## Coaches

- Head Coach: Summer Mao ([maosummer@hotmail.com](mailto:maosummer@hotmail.com))
- Assistant Coaches: Zoe Chan and Joel Luedtke ([JLuedtke@phillipsfamilymn.org](mailto:JLuedtke@phillipsfamilymn.org))

## After care

- If you cannot pick up by 5PM your child will be sent to after care at 5:10 and you will be charged \$10.

## Silent Dismissal

- A badminton group will be created for you in SD. **YOU** are responsible for putting your child on the list.

## Athlete Behavior Expectations

- Respectful to all (peers, coaches and equipment).
- Manage physical & social behavior: no throwing of racket or hanging on nets; no pushing, tripping, hitting or wrestling others; no unkind words.
- Athletes will work hard at practice and help manage equipment (help pick up at end of practice).