



Phone: 612.788.9095

**A Note from the Health Office**

**RE:** Medication for Middle School Retreat

Dear Yinghua Families of the 2015 Middle School Retreat,

Please have physician authorization for all medications (over-the-counter, prescription, herbals, and supplements) that will be going along with your child on the Middle School Retreat. If your child has more than one medication going on the retreat with him/her, each medication will require its own authorization form. Please download and print a copy of the form from the Health Office webpage under “current families” on the school’s website. **Medication will not be given without physician and parent authorization, including specific instructions about how to give the medication.** Please kindly remind your physician to write out instructions without using abbreviations, making it easier for staff volunteers to safely administer medications to your child.

**All medications will be kept with an adult at all times**, unless your child is authorized to self-carry their emergency medication by your physician, this includes, but not limited to, asthma rescue inhalers, epinephrine auto-injectors, and diabetes medication. If so, please have your physician indicate “self-carry” on the Medication Authorization and Administration form.

**Please turn in all forms and medications to the Health Office anytime after the start of the new school year, or at least one week prior to the trip to ensure enough time for proper preparation.** Please contact the health office with any questions.

Thanks,

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