

SPRING ADVENTURES 2018: Grade 2-4

Mondays 3:35-5:00* April 2-May 21

Instructor: Sarah Totall

*Because we have so much fun in class we may run 5-10 minutes late on some days. Please let me know if this is a problem.



What to Wear

Proper clothing is important for health/warmth and enjoyment.

- Dress for the weather
 - Winter wear on cold days (the first couple of classes can be like winter: snow pants, boots, hat...).
 - Sunscreen or hat on sunny days.
 - Light rain jacket or rain poncho when misty (we will go outside when it is misting or light rain. Rain boots are great).

How to Prepare

- Eat a healthy snack and get a drink of water
- Go to the bathroom before class
- Be prepared to get a little dirty on some days-I am serious we will get muddy☺
- Your child will report to the gym after they have prepared for class and organized their things (backpack...). Do not leave anything in the classroom (it will be locked when we come back from class).

Activities

- Exploring
- Geo-caching
- Marshmallow roast
- Outdoor games: Prey and predator, Thicket and other tag games
- Build a fort
- Scooters and biking



Silent Dismissal

- You are responsible for putting them on the list.
- You are responsible for changing it if your child has an appointment...
- Please communicate to your child on each Spring Adventure day if they are going to class.

March 24: Earth Hour

April 22: Earth Day: **I love Earth Day. Every day is earth day when you can get out and enjoy nature.**

April 27: Arbor Day

EARTH HOUR MARCH 24, 2018

Turn off all lights for one hour on Saturday from 8:30-9:30pm (or whatever time works best for your family). Read or tell a story by flashlight, play hide & seek in the dark or other family games. For an extra challenge try turning off all non-essential electric appliances (these are the hidden electricity user/phantom energy users). Stop **phantom energy loss** and reduce your **energy bill**. Many of your appliances and electronics have a standby mode that draws electricity 24 hours a day, even after you turn them off.

“Every action counts.”

<http://www.earthhour.org/> Earth Hour is a worldwide grassroots movement uniting people to protect the planet, and is organized by WWF. Engaging a massive mainstream community on a broad range of environmental issues, Earth Hour was famously started as a lights-off event in Sydney, Australia in 2007.

Earth Day April 22, 2018

We do not have school that day (but we will celebrate it on the 23rd). Get out and enjoy nature. There are many local parks that sponsor earth day activities. Typical ways of observing Earth Day include planting trees, picking up roadside trash, conducting various programs for recycling and conservation, using recyclable containers for snacks and lunches.



2018 Earth Day focus is on plastics.

Join Earth Day Network on **Earth Day 2018** - April 22 - to help end plastic pollution. Plastic is threatening our planet's survival, from poisoning and injuring marine life to disrupting human hormones, from littering our beaches and landscapes to clogging our streams and landfills. Together, we can make a difference.

Earth Day aims to inspire awareness of and appreciation for earth's environment. The April 22 Earth Day, founded by Senator Gaylord Nelson, was first organized in 1970 to promote ecology and respect for life on the planet as well as to encourage awareness of the growing problems of air, water and soil pollution.

Arbor Day April 27. Plant or care for a tree. This special day dates back to 1874. Celebrate the importance of trees.

The mountains are calling and I must go. -John Muir

The North Shore is calling
and I must go. -Sarah Totall

