英華 YINGHUA ACADEMY

2016-2017 Middle School Physical Education Curriculum Map

The following are general topic areas and intended timelines for instruction. The topics and resources listed are only samples, not a complete listing. Topics are listed in the month they are most likely to be taught, but may occur earlier or later than indicated.

	5th Grade	6th Grade	7th Grade	8th Grade
Aug. /Sept. **Fitness** **Orientation & Safety**	Cooperation Teamwork Jump Rope goal setting Cooperative Field Games & Orienteering	Cooperation Teamwork Jump Rope goal setting Cooperative Field Games & Orienteering	Cooperation Teamwork Jump Rope goal setting Cooperative Field Games & Orienteering	Cooperation Teamwork Jump Rope goal setting Cooperative Field Games & Orienteering
Oct. **Autumn Games** **Cooperation and teamwork**	Sport Education Model: Flag Football Cooperative Games	Sport Education Model Flag Football Cooperative Games	Sport Education Model: Flag Football Cooperative Games	Sport Education Model: Flag Football Cooperative Games
Nov. **Fitness & Soccer**	Soccer Tournament Goal setting: Running endurance	Soccer Tournament Goal setting: Running endurance	Soccer Tournament Goal setting: Running endurance	Soccer Tournament Goal setting: Running endurance
Dec. **Roller Skating**	Roller Skating Skills & skating rink games	Roller Skating Skills & skating rink games	Roller Skating Skills & skating rink games	Roller Skating Skills & skating rink games
Jan. **Winter Games** **Cooperation & Teamwork**	Winter Games Cross Country Skiing Floor Hockey Large Group Games	Winter Games Cross Country Skiing Floor Hockey Large Group Games	Winter Games Cross Country Skiing Floor Hockey Large Group Games	Winter Games Cross Country Skiing Floor Hockey Large Group Games

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	5th Grade	6th Grade	7th Grade	8th Grade
Feb.	Net Games	Net Games	Net Games	Net Games
March **Cooperation & Teamwork/Winter snow sport tourney**	Basketball/ Floor Hockey/ Team Handball Tournament	Basketball/ Floor Hockey/ Team Handball Tournament	Basketball/ Floor Hockey/ Team Handball Tournament	Basketball/ Floor Hockey/ Team Handball Tournament
April **Fitness, Cooperation & Teamwork/Spring Sports**	Fitness Assessments PACER Test Tennis Ultimate Frisbee	Fitness Assessments PACER Test Tennis Activities Ultimate Frisbee	Fitness Assessments PACER Test Tennis Activities Ultimate Frisbee	Fitness Assessments PACER Test Tennis Activities Ultimate Frisbee
May **Fitness & Recreational Games/Pedestrian & wheel safety**	Fitnessgram Assessments Popsicle Run Recreational Games Wheels Week	Fitnessgram Assessments Popsicle Run Recreational Games Wheels Week	Fitnessgram Assessments Popsicle Run Recreational Games Wheels Week	Fitnessgram Assessments Popsicle Run Recreational Games Wheels Week
June	Wiffle Ball	Wiffle Ball	Wiffle Ball	Wiffle Ball